

# FITNESS SCHEDULE

SOCIAL YOGA | \$45

FRIDAY | JULY 12 | 5:30 PM SOCIAL

Enjoy a glass of champagne, plus access to  
Loma de Vida Spa after class, until 8 PM

SOUNDBOWLS | \$20

SUN JULY 14 & 28 | 10:15 AM

SATURDAY YOGA | \$20

SAT JULY 6, 13, 20, 27 | 9 AM

SUNDAY YOGA | \$20

SUN JULY 7, 14, 21, 28 | 10:15 AM

POWER YOGA | \$20

SAT JULY 6, 13, 20, 27 | 10:15 AM

MEDITATION | \$20

SUN JULY 7 & 21 | 10:15 AM

FAMILY YOGA | COMPLIMENTARY

FRI JULY 5 | 9 AM | PLAZA SAN SABA