

FITNESS SCHEDULE

SOCIAL YOGA | \$45

FRIDAY | MARCH 8 | 5:30 PM SOCIAL

Enjoy a glass of champagne, plus access to
Loma de Vida Spa after class, until 8 PM

SOUNDBOWLS | \$20

SUN, MAR 3 & 17 | 9 AM

SATURDAY YOGA | \$20

SAT, MAR 2, 9, 16, 23, 30 | 10:15 AM

SUNDAY YOGA | \$20

SUN, MAR 3, 10, 17, 24 | 10:15 AM

POWER YOGA | \$20

SAT, MAR 2, 9, 16, 23, 30 | 10:15 AM

MEDITATION | \$20

SUN, MAR 10 & 24 | 9 AM

SUNSET MEDITATION

FRI, MAR 8 & 15 | 7 PM

SUNRISE YOGA

SUN, MAR 10 & 17